



# Renu Hope Foundation

## Breakfast For ( 1-2 ) yrs

### SEPTEMBER 1-30, 2025

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.  
 Dairy: Children 1-2 years of age are served whole milk or Nonfat (skim) Milk, Dairy Substitutions: Nonfat Lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and Plant Based Cheese.  
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.  
 Water is available to children throughout the day. **We are a nut free institution.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>  <b>TBECDC/ALCOTT</b> <b>Closed</b> <b>Labor Day Holiday</b>	<b>2</b>  Blueberry Muffin ½ Serving Diced Peaches 4oz Milk 4oz	<b>3</b>  Waffles ½ Serving Apple Slices 4oz Milk 4oz	<b>4</b>  Bran Bread ½ Serving Tropical Fruit 4oz Milk 4oz	<b>5</b>  Granola w/Yogurt 4oz Mix Fruit cup 4oz Milk 4oz
<b>8</b>  Mini Bagel ½ Serving. Fresh Bananas 4oz. Milk 4oz	<b>9</b>  English Muffin ½ Serving. Diced Peaches 4oz. Milk 4oz.	<b>10</b>  Pancakes ½ Serving. Mandarin Oranges 4oz. Milk 4oz	<b>11</b>  Berries & Orange Bread ½ Serving. Mix Fruit 4oz. Milk 4oz.	<b>12</b>  Biscuit w/Turkey sausage ½ Serv Apple Sauce 4oz. Milk 4oz
<b>15</b>  Blueberry Muffin ½ Serv Diced Pears 4oz. Milk 4oz.	<b>16</b>  Waffles ½ Serving. Mandarin Oranges 4oz. Milk 4oz.	<b>17</b>  Bran Bread ½ Serving. Tropical fruit 4oz. Milk 4oz.	<b>18</b>  Corn Bread ½ Serving Pineapple Tidbits 4oz Milk 4oz	<b>19</b>  Raisin Bread ½ Serving. Mardarin Oranges 4oz. Milk 4oz.
<b>22</b>  Biscuit w/Turkey Sausage ½ Serving. Fresh Banana 4oz. Milk 4oz.	<b>23</b>  <b>TBECDC CLOSED</b> <b>Rosh Hashanah</b> <b>(Temple Holiday)</b>	<b>24</b>  Zucchini Bread ½ Serving Diced Mango 4oz. Milk 4oz.	<b>25</b>  Mini Bagel ½ serving Diced Peaches 4oz. Milk 4oz	<b>26</b>  Pancakes Serving Fresh Bananas 4oz. Milk 4oz
<b>29</b>  Corn Bread ½ Serving Tropical Fruit 4oz Milk 4oz	<b>30</b>  Granola w/Yogurt 4oz Sliced Peaches 4oz Milk 4oz			



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## Lunch For (1-2) yrs.

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<b>1</b> <b>TBECDC/ALCOTT</b> <b>Closed</b> <b>Labor Day Holiday</b>	<b>2</b> Turkey and Cheese Wrap 1oz Spinach Tortilla ½ Serving Cucumber and Tomato Salad 1oz Mandarin Oranges 1oz Milk 4oz	<b>3</b> Teriyaki Chicken 1oz Steamed Rice 1oz Oriental Blend Vegetables 1oz Diced Peaches 1oz Milk 4oz	<b>4</b> Chicken Sandwich 1oz Wheat burger Bun ½ Serving Fresh Lettuce and Tomato 1oz Sliced Apples 1oz Milk 4oz	<b>5</b> Ground Beef Spaghetti 1oz Whole Wheat Pasta ½ Serving Green Beans 1oz Fresh Berries 1oz Milk 4oz
<b>8</b> Turkey and Cheese Sandwich 1oz Wheat Bread ½ Serv Potato Salad 1oz. Fresh Cantaloupe 1oz Milk 4oz	<b>9</b> Cheeseburger 1oz Wheat Burger Bun ½ Serving. Steamed Vegetables 1oz. Pineapple Chunks 1oz Milk 4oz.	<b>10</b> Chicken / Tuna Salad 1 oz. Whole Wheat Crackers ½ Mixed Vegetables 1oz. Apple Slices 1oz. Milk 4oz.	<b>11</b> Mac and Cheese 4oz. Whole Wheat Pasta ½ Serving. Green Beans Vegetables 1oz. Tropical Fruit 1oz Milk 4oz.	<b>12</b> Turkey Pepperoni Bagel Pizza ½ Serving Steamed Vegetables 1oz Fresh Watermelon 1oz. Milk 4oz.
<b>15</b> Chicken Salad 1oz Wheat Crackers ½ Serving. Steamed Vegetables 1oz. Fresh Mango 1oz. Milk 4oz	<b>16</b> BBQ Chicken 1oz. Wheat Dinner Roll ½ Serving. Mashed Potato 1oz. Fresh Berries 1oz. Milk 4oz.	<b>17</b> Breaded Baked Fish Sandwich 1oz Wheat Burger Bun ½ Serving Coleslaw Salad 1oz. Fresh Cantaloupe 1oz Milk 4oz	<b>18</b> Turkey & Cheese Wrap 1oz Tomato Basil Tortilla ½ serving. Cucumber and Tomato Salad 1oz Diced Peaches 1oz. Milk 4oz	<b>19</b> Pulled Chicken BBQ Sandwich 1 oz. Wheat Burger Bun ½ serving Ca- Blend Vegetables 1 oz. Fresh Berries 1 oz. Milk 4 oz.
<b>22</b> Ground Beef Spaghetti 1oz Whole Wheat Pasta ½ Serving Steamed Vegetables 1oz Fresh Honeydew 1oz. Milk 4oz.	<b>23</b> <b>TBECDC CLOSED</b> <b>Rosh Hashanah</b> <b>(Temple Holiday)</b>	<b>24</b> Meatloaf & Gravy 1oz. Wheat dinner rolls ½ Serving. Mashed Potato 1oz. Mandarin Oranges 1oz. Milk 4oz.	<b>25</b> Turkey & Cheese Sandwich 1oz Wheat Bread ½ serving. Steamed Vegetables 1oz. Diced Pears 1oz. Milk 4oz.	<b>26</b> Cheese Quesadilla 1oz Flour Tortilla ½ Serving. Refried Beans 1oz. Apple Slices 1oz. Milk 4oz.
<b>29</b> Chicken Alfredo Pasta 1oz Whole Wheat pasta ½ Serving. Steamed Broccoli 1oz. Pineapple Tidbits 1oz Milk 4oz.	<b>30</b> Ground Beef & Cheese Taco 1oz Wheat Flour Tortilla ½ Serving. Steamed Corn 1oz Fresh Watermelon 1oz Milk 4oz			





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## Snack For (1-2) yrs

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1  <b>TBECDC/ALCOTT Closed Labor Day Holiday</b>	2  Nutrigrain Bar ½ Serving Milk 4oz	3  Fruit Yogurt 4oz Wheathin Crackers ½ Serving Water	4  String Cheese 1oz Mix Fruit cup 4oz Water	5  Pita Pocket ½ Serving Soy Butter and Fruit Jelly Spread 1oz 100% Fruit Juice 4oz
8  Naan Bread ½ Serving. Soft Spread Cheese 1oz Apple Juice 4oz.	9  Steamed Celery & Carrots Sticks 4oz Ritz Cheese Crackers ½ Serving. Water	10  Fruit Yogurt 4oz. Animal Crackers ½ Serving. Water	11  Fig Newtons ½ Serving. Mandarin Oranges 4oz Water	12  Triscuit Crackers ½ Serving. String Cheese ½ oz 100% Fruit Juice 4oz
15  Fresh Diced Cucumber 4oz. Cottage Cheese Ranch 1oz Wheathin Crackers ½ Serving Water	16  Cheez it Crackers ½ Serving. 100% Fruit Juice 4oz.	17  Fruit Yogurt 4oz Vanilla Wafers ½ Serving. Water	18  Graham Crackers ½ Serving. Milk 4oz	19  Mixed Fruit Cup 4oz Goldfish Crackers ½ Serving. Water
22  Corn Muffin ½ Serving. Milk 4oz.	23  <b>TBECDC CLOSED Rosh Hashanah (Temple Holiday)</b>	24  Mixed Fresh Fruit 4oz. Wheat thins Crackers ½ Serving. Water	25  Fig Newtons ½ Serving. Babybel Cheese 1oz Water	26  Steamed Celery & Carrot Sticks ½ Serving. Cottage Cheese Ranch ½ oz Triscuits Crackers ½ Serving Water
29  Rice cakes ½ Serving. 100% Fruit Juice 4oz Soft Cheese 1oz Water	30  Graham Chackers ½ serv Milk 4oz			