



Renu Hope Foundation

Breakfast For (2 - 5) Yrs Old

SEPTEMBER 1-30, 2025

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children 2-5 years of age are served 1% milk or Nonfat (skim) Milk, Dairy Substitutions: Nonfat Lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and Plant Based Cheese.
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.
 Water is available to children throughout the day. **We are a nut free institution.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 TBECDC/ALCOTT Closed Labor Day Holiday	2 Blueberry Muffin ½ Serving Diced Peaches 4oz 1% Milk 6oz	3 Waffles ½ Serving Apple Slices 4oz 1% Milk 6oz	4 Bran Bread ½ Serving Tropical Fruit 4oz 1% Milk 6oz	5 Granola w/Yogurt 4oz Mix Fruit Cup 4oz 1% Milk 6oz
8 Mini Bagels ½ Serving. Fresh Bananas 4 oz. 1% Milk 6oz	9 English Muffin ½ Serving. Diced Peaches 4 oz. 1% Milk 6oz.	10 Pancakes ½ Serving Fresh Oranges 4 oz. 1% Milk 6oz	11 Berries & Orange Bread ½ Serving. Mix Fruit 4 oz. 1% Milk 6oz.	12 Biscuit w/Turkey Sausage ½ Serving Apple Sauce 4oz 1% Milk 6oz
15 Blueberry Muffin ½ serving Diced Pears 4 oz. 1% Milk 6oz.	16 Waffles ½ Serving. Fresh Oranges 4oz. 1% Milk 6oz.	17 Bran Bread 1/2 Serving. Tropical Fruit 4 oz. 1% Milk 6oz.	18 Corn Bread ½ Serving Pineapple Tidbits 4oz 1% Milk 6oz	19 Raisin Bread ½ Serving. Mandarin Oranges 4oz. 1% Milk 6oz.
22 Biscuit w/ Turkey Sausage ½ Serving. Fresh Banana 4oz. 1% Milk 6oz.	23 TBECDC CLOSED Rosh Hashanah (Temple Holiday)	24 Zucchini Bread ½ Serving. Diced Mango 4 oz. 1% Milk 6 oz.	25 Mini Bagel ½ serving Diced Peaches 4 oz. 1%Milk 6 oz.	26 Pancakes Serving Fresh Bananas 4oz. 1% Milk 6oz
29 Corn Bread ½ Serv Tropical Fruit 4oz 1% Milk 6oz	30 Granola w/Yogurt Cup 4oz Sliced Peaches 4oz 1% Milk 6oz			



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Lunch For (2-5) yrs.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 TBECDC/ALCOTT Closed Labor Day Holiday	2 Turkey and Cheese Wrap 1.5 oz Spinach Tortilla ½ Serving Cucumber and Tomato salad 2oz Mandarin Oranges 2oz 1% Milk 6oz	3 Teriyaki Chicken 2oz Steamed Rice 2oz Oriental Blend Vegetables 2oz Diced Peaches 2oz 1% Milk 6oz	4 Chicken Sandwich 2oz Wheat Burger Bun ½ Serving Fresh Lettuce and Tomato 2oz Apple Slices 2oz 1% Milk 6oz	5 Ground Beef Spaghetti 1.5oz Whole Wheat Pasta ½ Serving Green Beans 2oz Fresh Berries 2oz 1% Milk 6oz
8 Turkey and Cheese Sandwich 1.5 oz Wheat Bread ½ Serving. Potato Salad 2oz. Fresh Cantaloupe 2oz. 1% Milk 6oz	9 Cheeseburger 1.5 oz Wheat Burger Bun ½ Serving. Fresh Lettuce & tomato 2oz. Pineapple Chunks 2oz 1% Milk 6oz.	10 Chicken/Tuna Salad 1.5 oz. Whole Wheat Crackers ½ serv Mixed Vegetables 2oz. Fresh Apple Slices 2oz. 1% Milk 6oz.	11 Mac and Cheese Pasta 4 oz. Whole Wheat Pasta ½ Serving. Green Beans Vegetables 2oz. Tropical Fruit 2oz. 1% Milk 6oz.	12 Turkey Pepperoni Bagel Pizza ½ Serving Fresh Salad with Dressing 2oz Fresh Watermelon 2oz. 1% Milk 6oz.
15 Chicken Salad 1.5oz Wheat Crackers ½ Serving. Mixed Vegetables 2oz. Fresh Mango 2oz. 1% Milk 6oz.	16 BBQ Chicken 1.5 oz. Wheat Dinner Rolls ½ Serving. Mashed Potato 2oz. Fresh Berries 2oz. 1% Milk 6oz.	17 Breaded Baked Fish Sandwich 1.5oz. Wheat Burger Bun ½ Serving Coleslaw Salad 2oz. Fresh Cantaloupe 2oz. 1% Milk 6oz.	18 Turkey & Cheese Wrap 1.5oz Tomato Basil Tortilla ½ Serving. Cucumber and Tomato Salad 2oz Diced Peache 2oz. 1% Milk 6oz	19 Pulled Chicken BBQ Sandwich 1.5oz. Wheat Burger Bun ½ Serving. Ca-Blend Vegetables 2oz. Fresh Oranges 2oz. 1% Milk 6oz.
22 Ground Beef Spaghetti 1.5oz Whole Wheat Pasta ½ Serving Fresh Salad w/dressing 2oz. Fresh Honeydew 2oz. 1% Milk 6oz.	23 TBECDC CLOSED Rosh Hashanah (Temple Holiday)	24 Meatloaf & Gravy 1.5oz. Wheat Dinner Roll ½ Serving. Mashed Potato 2oz. Fresh Oranges 2oz 1% Milk 6oz.	25 Turkey & Cheese Sandwich 1.5oz Wheat Bread ½ Serving. Fresh Lettuce & Tomato 2oz Diced Pear 2oz. 1% Milk 6oz.	26 Cheese Quesadilla 1.5oz. Flour Tortilla ½ Serving. Refried Beans 2oz. Fresh Apple Slices 2oz. 1% Milk 6oz.
29 Chicken Alfredo Pasta 1.5oz Whole Wheat Pasta ½ Serving. Steamed Broccoli 2oz. Pineapple Tidbits 2oz 1% milk 6oz	30 Ground Beef & Cheese Taco 1.5oz Wheat Flour Tortilla ½ Serving. Fresh Lettuce and Tomato 2oz Fresh Watermelon 2oz 1% Milk 6oz			



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Snack For (2 -5) Yrs Old

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1 TBECDC/ALCOTT Closed Labor Day Holiday	2 Nutrigrain Bar ½ Serving 1% Milk 6oz	3 Fruit Yogurt 4oz Wheathins Crackers ½ Serving Water	4 String Cheese 1oz Mix Fruit Cup 4oz Water	5 Pita Pocket ½ Serving Soy Butter & Fruit Jelly Spread 1oz 100% fruit Juice 4oz
8 Naan Bread ½ Serving. Soft Spread Cheese 1oz Apple Juice 4oz.	9 Celery & Carrot Sticks 4oz. Ritz Cheese Crackers ½ Serving. Water	10 Fruit Yogurt 4oz. Animal Crackers ½ Serving. Water	11 Fig Newtons ½ Serving. Mandarin Oranges Cup 4oz Water	12 Triscuit Crackers ½ Serving. String Cheese .5 oz Water
15 Fresh Cucumber 4 oz. Cottage Cheese Ranch 1 oz Wheat Thins Crackers ½ Serving. Water	16 Cheez it Crackers ½ Serving. 100% Fruit Juice 4oz.	17 Fruit Yogurt 4oz Vanilla Wafers ½ Serving. Water	18 Graham Crackers ½ Serving. 1% Milk 6oz	19 Mix Fuit Cup 4oz. Goldfish Crackers ½ Serving. Water
22 Corn Muffin ½ Serving. 1% Milk 6oz.	23 TBECDC CLOSED Rosh Hashanah (Temple Holiday)	24 Mixed Fresh Fruit 4 oz. Wheat Thins Crackers ½ Serving. Water.	25 Fig Newtons ½ Serving. Babybel Cheese 1oz. Water	26 Celery and Carrot Sticks 4oz Cottage Cheese Ranch 1oz Triscuit Crackers ½ Serving Water
29 Rice Cakes ½ Serving. Soft Cheese 1oz 100% Fruit Juice 4oz Water	30 Graham Crackers ½ Serving. 1% Milk 6oz			