WONDERLAND[®]

January 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		BREAKFAST"		4 2:45-3:15 = Jos	ouary 5th	6	
Welcome	7 _{Bagel w/cream cheese & Grape Juice}	Cheerios 9 w/ Milk & Raisins	Raisin Bread Sunbutter & Milk	Cooking Day 11 *See lesson plan	Nutri-Grain Bar 12 Milk & Sliced Oranges	13	
Back	Goldfish Crackers & Orange Slices	Carrot Sticks w/ranch & Saltine Crackers	Ritz Crackers & Diced Peaches	Cheez-It Crackers & Applesauce	Mix & Match 2 food groups From the Week		
1/4	14 15 SCHOOL CLOSED Dr. Martin Luther	English Muffins 16 w/Sunbutter & Fruit Cocktail	Cottage Cheese 17 Diced Peaches & Graham Crackers	Raisin Bread 18 Applesauce & Milk	*See lesson plan	20	
	King, Jr day	Applesauce & Animal Crackers	Goldfish Crackers & String Cheese	Ritz Crackers & Carrot Sticks w/ranch	Mix & Match 2 food groups From the Week		
	Banana Slices 22 Graham Cracker & Milk	Nutri-Grain Bar 23 Milk & Sliced Oranges	Cheerios 24 w/ Milk & Raisins	Cooking Day 25 *See lesson plan	Bagel w/ Sunbutte26 & Milk	**Toddler alt snacks from 7 month such as: graham crackers saltines	
	Cheez-It Crackers& String Cheese	Club Crackers & Diced Pineapple	Wheat Thin Crackers & Applejuice	Goldfish Crackers & Carrot Sticks w/ranch	Mix & Match 2 food groups From the Week	ritz crackers goldfish crackers	
	Cottage Cheese 29 Diced Peaches	Sliced Cheese	English Muffins 31 w/Sunbutter	2675 Central Ave, Riverside, Ca 92506 (951) 682-7282 / (951) 682-9459 Fax			
	& Animal Crackers	& Cran/Rasp Juice	& Fruit Cocktail	Extra p.m. snack mix & water will be provided to preschoolers each afternoon 4:15-5:00 as a center.			
	& Saltine Crackers	Graham Crackers & Applesauce	Ritz Crackers & Cheddar Cheese Squares	Juice is 100% fruit /	6 fruit / Milk is 1% presc <mark>hoo</mark> l / Whole Milk Toddlers		