

Temple Beth El Child Development Center

September 2023

"The More We Get Together"

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2675 Central Ave, Riverside, Ca 92506

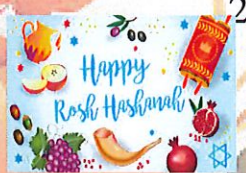
(951) 682-7282 / (951) 682-9459 Fax

Extra p.m. snack mix & water will be provided to preschoolers each afternoon

4:15-5:00 as a center.

Juice is 100% fruit /

Milk is 1% preschool / Whole Milk Toddlers

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						Mix & Match 2 food groups From the Week	2				
3	 LABOR DAY SCHOOL CLOSED	4	Fruit Cocktail & Ritz Crackers	5	Carrots w/ranch & Wheat Thins	6	Diced Peaches & Club Crackers	7	Cooking Day *See lesson plan	8	9
			Special k Berries Cereal & Milk		Cheez-It Crackers & Raisins		Graham Crackers & Sun Butter		Mix & Match 2 food groups From the Week		9
10	Animal crackers & Applesauce	11	Graham Crackers & Milk	12	Blueberries & Vanilla Yogurt	13	Cooking Day *See lesson plan	14	Saltine Crackers & Pineapple Tidbits	15	16
			Wheat Thins & String Cheese		Raisin Bread & Sliced Oranges		Carrots w/Ranch & Goldfish Crackers		Nutri-Grain Bar & Orange Juice		16
17	Cheez-It Crackers & Mandarin Oranges	18	Nutri-GrainBar & Milk	19	Pineapple Tidbits & Goldfish Crackers	20	Animal Crackers & Applesauce	21	Cooking Day *See lesson plan	22	23
			Graham Crackers & Bananas		Ritz Crackers & Sliced Turkey		Carrot Sticks w/ Ranch & Saltine crackers		Club Crackers & Apple Juice		23
24	 SCHOOL CLOSED	25	Animal Crackers & Milk	26	Graham Crackers & Applesauce	27	Cooking Day *See lesson plan	28	Cheez-It Crackers & Pineapple Juice	29	**Toddler alt snacks from month such as: graham crackers saltines ritz crackers goldfish crackers
			Goldfish Crackers & Raisins		Hawaiian Bread & Sliced Turkey		String Cheese & Wheat Thins		Mix & Match 2 food groups From the Week		30